

## Sherman Central School

127 Park Street, Sherman, New York 14781

Health Office: (716) 761-4814 FAX: (716) 761-6119

Dear Parent/Guardian and Student:

### **Welcome to Sherman Central School!**

My name is JoAnn Kopta, I am the School Nurse here at Sherman. It is my pleasure to welcome you! I would like to take this opportunity to introduce our Health Office, and New York State policies and procedures related to our students.

**New York State requires** that children have a **physical as they enter Pre K and/or Kindergarten, 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup> grades**. A **Dental Certificate (enclosed) is requested** for those same years. If a Health Physical is not completed within one month of entering that grade level, our school physician, Dr. Timothy Kitchen will provide one here at school. We will attempt to send a note home to inform you of when physicals will be done if your child is in need of one. If your child has a Family Doctor, you may get a **Heath Certificate (enclosed)** completed by them and have them send a copy to the Health Office in order to meet this requirement.

**If your child is ill or will not be in school**, please call Mrs. Pamela Fisher, our Attendance Clerk and Guidance and Health Office Secretary at 761-6121 ext. 4808. This call should be made first thing in the morning to insure accurate attendance records.

**Health Screenings:** (all screenings are done privately in the Health Office)

Height and Weight - All students

Physicals - UPK or K, Grades 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup> and 11<sup>th</sup>, All Sport participants,  
Students needing working papers (must all be within a calendar year of entry)

Vision - UPK or K, grades 1, 3, 5, 7, 11

Hearing - UPK or K, grades 1, 3, 5, 7, 11

Scoliosis - Grades 5 and 7 for Girls and Grade 9 for Boys

**Immunization Records:** must be current based on NYS Public Health Law requirements for entry and attendance. I have included a summary of required immunizations in this packet.

**Medications:** No prescription medications or Over the Counter medications can be administered in the Health Office unless a physician's order and parent's permission form is on file. **Students are not to bring medications to school for a variety of safety reasons.** If your child is in need of medication at school, please contact me or see the school website for appropriate documents.

Please complete the **Student Health History form** and return it to me as soon as possible. We use a computerized Health Record called SNAP which is very helpful in keeping records and accurate Health Information on your child.

Communications from your Primary Care Physician may require signing an **Authorization for release of medical information form.** Please talk with your PCP about this and consider signing the form, at their office, on behalf of the Sherman Central School Health Office. This will allow your doctor to release immunization, health appraisals, medication orders and updates on medical conditions and education modifications needed for same. This will save a tremendous amount of time and help provide timely care for your child.

I look forward to getting to know your child/children and being a part of both their medical and educational experience. Please don't hesitate to contact me with any concerns or changes as they arise.

Sincerely,

JoAnn Kopta RN